

Aim - To find out what changes led to in terms of:



Methodology



IH MEMBER SURVEY OF PREVIOUS IH FOUNDATION COURSES



PRE AND POST COURSE
EVALUATION TO
MEASURE DAY 1-DAY 5
OF FOUNDATION (JULY
/AUG 2021)



TWO MONTH IMPACT – TWO CASE STUDIES



12 MONTH IMPACT –
THREE CASE STUDIES
AND FELLOW STUDENTS
FROM JULY 2020



MY OWN
HORSEMANSHIP
LEARNING SINCE JULY
2020

IH Member Survey Headlines

100% of the 97.5% said 78 students they were who completed 100% noticed more likely to the online get to the positive effects 95% reported 78 bottom of a survey said the on their an increase in responses/10 IH Foundation relationships horse's confidence questions had had a with horses behavioural levels following IH problems positive impact on their following the training. skills/knowledg **IH** Foundation course.



Confidence levels

95% reported that the IH Foundation had a positive impact on confidence levels in working with their horse. "What can you do now that you couldn't before the Foundation?"

- increased communication skills
- better understanding of body language
- success working with less easy horses.
- success in loading, Join Up and groundwork.



Life Changes?

55% of those surveyed said they made life changes after the foundation course.

Two people bought a horse,

Two people bought land,

Others changed job or retrained completely

One person left her husband.

10% of survey respondents became IH Recommended Trainers (9)

4 respondents are working towards their Stage 2/Diploma

Did their horse notice a difference following the Foundation?

90% said yes and thought their horse felt "heard" and "part of the conversation" (14)

- 13 respondents said they were calmer
- 5 said they took more time and "talk less"
- Observations included: being more aware of pressure and release, use of breath, energy control, timing and being a better leader.



Increased Problem solving skills

97.5 said they were more likely to get to the bottom of a horse's behavioural problems following the IH Foundation course

"Learning that there is a reason for everything horses do, and that if what you are trying isn't working don't keep doing it. Stop, re-think and try something else."





Behaviour or pain?

60% said IH helped them to identify health-related behavioural problems.

- more confident in spotting pain/discomfort relating to back/poor saddle fitting,
- head/bridle and dental issues
- ulcers/girth reactions
- spotting abcesses, kissing spine and brain inflammation.
- "now I would rule out any medical problems first pain, teeth back diet etc before fixing the behavioural if needed"

Improved relationship with horse?

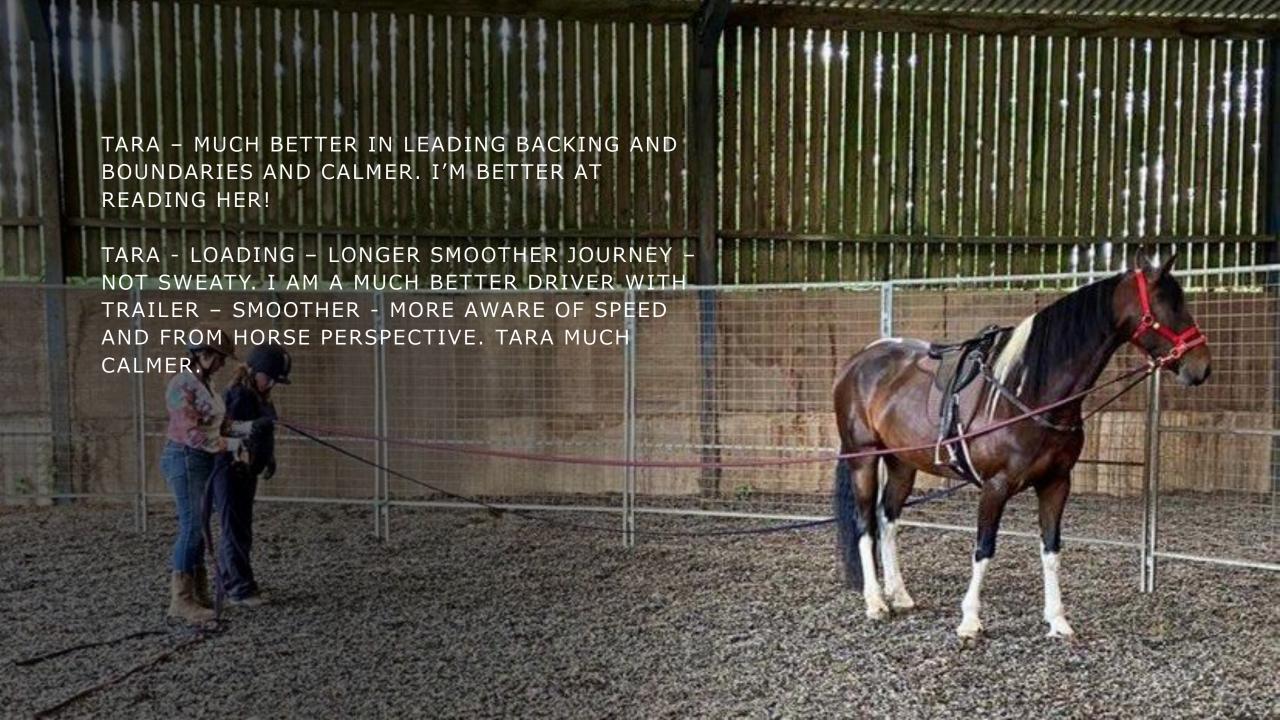
- 100% said they had noticed positive effects on their relationship with horses following IH training
- heart felt affirmations and happiness relating to better understanding and a closer more open relationship with their horses,
- 20% said they and their horses felt calmer, more relaxed and
- 10 respondents described horse and owner as feeling happier.
- They felt more "joined up" and a "mutual trust".



Deana and Tara

Attended June 2021
Foundation and Loading
courses with Tara –
FriesianXAmerican
Saddlenbred. 4 yrs





Gaille and Warbreck

November 2020 - Gaille bought a horse as a result of the July 2020 Foundation course. Name: Warbreck - ex-race horse, age 20



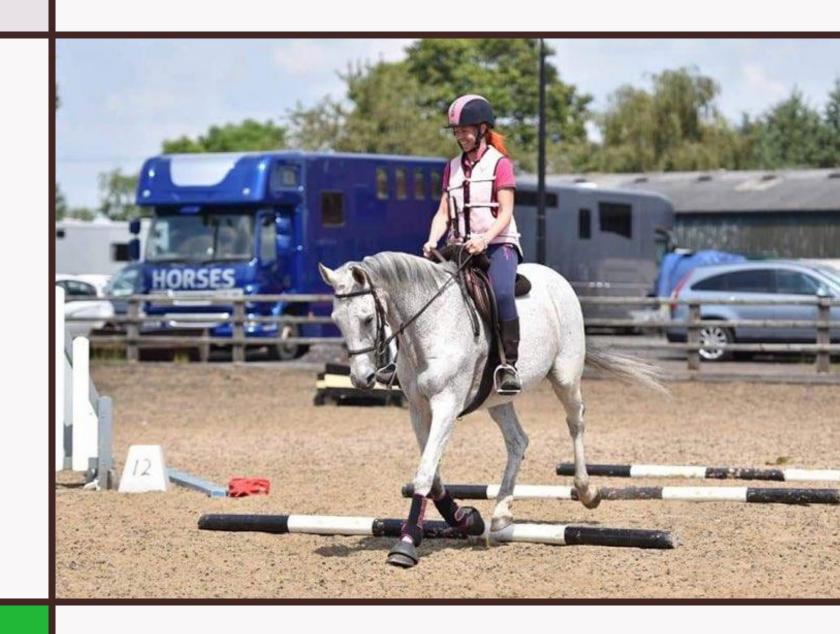
Ruth and Perdie - pre foundation

Pre Foundation - Perdie used to spin, rear and go backwards if rode her. Had vet out. Had vet dentist. Vet physio. She continued to shake her head and would rear. I had to get off. Nothing would work if stayed on. Went to a public clinic with Jeff Billington and his advice after seeing Perdie was "lead behind the ears". One vet diagnosed Cushings. Most vets said there was nothing wrong with her.



Post Foundation

I persevered! Going against peer advice that Perdie was playing up, I found Bruce Hewitt – Equine Osteopath - he identified that Perdie had an S shape back – twisted and out of line. He worked on her hips and spine. Big improvement. She became much more comfortable. Bruce Hewitt – had done some IH courses himself. Perdie loved him. Bruce recommended a Natural Equine Dentist. He discovered Perdie's very back bottom teeth were sharp and growing into cheek. Called - The Equine Dentist and on Facebook. He rasped the back lower teeth and this cured the problem.



What changed?

Ruth said If she hadn't done the Foundation and horse psychology courses, she would have listened to everyone else ("she's being naughty - just hit her") and not done anything. But the Foundation and horse psychology courses influenced her to persevere and to try to get to the bottom of what she believed to be a pain issue.



Ella and Warrior – pre-July 2020 foundation

I was scared by his behaviour as I couldn't understand what seemed to me to be aggression.

IH gave me the confidence to breathe through fear and look deeper at the reasons behind the behaviour.



Abused and Scared to Archery!

Thanks to IH my horse went from abused and scared to interactive and confident. Over two years IH skills completely changed our relationship. Warrior trusted me enough to groom him, ride him out and even progress to do horse archery! By learning to speak his language we were given the best relationship.

A sad ending

By watching my boy Warrior's behaviour change and examining him with the IH method I realised there was something deeper wrong. This led to the discovery of a brain tumour/lesion. So very very sadly Warrior passed away at the start of June 2021.



Introducing Indie















JOIN UP/Groundwork







Little and large

Conclusion from students: "Behaviour is communication!!!"

- A deeper understanding of how to approach things from the horse's perspective,
- the importance of incremental training and reading and communicating with your horse,
- the value of a true two-way conversation with the horse,
- increased self-awareness and how I can behave to influence the situation,
- how much more there was for me to learn and discover!

Thank you

"I had been knocking on the door searching for a different approach...

IH and the foundation course opened the door and welcomed me in, like a weary traveller finally finding shelter."

